

## Love What You Love Podcast

### Episode 49: Urban Exploration with Kim Landmark

#### October 5, 2021

Welcome to *Love What You Love*; I'm Julie Rose. I'm insatiably curious about people and the world around us, and absolutely in love with passion and unselfconscious enthusiasm. Every other week I geek out with someone about the thing that they love, and then I share it with you.

Welcome back! Or, Welcome! Before we get started, just a quick thank you to everyone who's purchased *Love What You Love* merch. The logo is so amazing, thanks to Jonas Ramirez, who's also known as [@MyFancyFox](#) on Instagram. And that logo is on some pretty cool stuff, I have to admit. So check out the goods at [Society6.com/LoveWhatYouLovePod](#) and let me know what you think. The proceeds from all of the sales are donated to a nonprofit, and the latest round went to one of my very favorites, World Central Kitchen.

Okay, with that out of the way, let's meet this week's guest. Kim Landmark loves traveling around and getting to know her native California, but definitely not like a regular tourist. An urban explorer, Kim loves to visit off-the-beaten-path, really unusual places, especially abandoned buildings. In this conversation, we talk creepy abandoned hospitals, ghost hunting, forgotten histories, freaky Google Maps experiences, a 30-year-old murder mystery, and so much more. So find out why Kim loves urban exploration and why you might learn to love it too.

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**Julie:** Hello, Kim. Thank you so much for joining me today!

**Kim:** Hi, Julie. Hello. Thank you for having me.

**Julie:** I'm so excited to talk with you because you do something that's so interesting to me!

**Kim:** Yeah, that's awesome. I'm excited.

**Julie:** So you explore abandoned buildings.

**Kim:** Yes. They call it... There's a term for it. They go by urban exploration, so I'm an urban explorer. So yeah, I like to explore abandoned places or really old historic places.

**Julie:** What is, like, the definition of urban exploration?

**Kim:** Pretty much just... I think it pretty much covers anything out of the ordinary that people like to explore; like what most people think might be weird, or creepy or... [laughs] Things that aren't the normal place to go out of your way to visit or go inside of these 'weird, creepy places' as people call them.

**Julie:** Got it. So, what draws you to doing this? Is it the creepy factor? What's interesting for you?

**Kim:** Honestly, it started for me with photography. I found it captures really well on camera. I was into photography for a while and also really into, like, history, and old buildings, and stuff like that. I've always been into it. So, kind of just driving around and always seeing these random, decaying buildings and stuff, for some reason, was always really intriguing to me. And I just started taking pictures of it, and I realized that people were kind of interested in it too, and I didn't know that. So I was like, "I'm going to start sharing this with people and see the feedback I get." And surprisingly, a lot of people are into it, so it's kind of fun to share this odd thing.

**Julie:** Yeah, no. It's cool. So, how do you choose where to go, and what is a day like when you go out and do some urban exploring?

**Kim:** It's kind of random for me. Sometimes it'll be that literally I'm driving somewhere and I pass something that catches my eye. I've gotten really good at, like, noticing little features that usually lead me to bigger things. Like sometimes I'm driving and I'll see, like, an old wall or an old driveway that looks like nobody has taken care of it in a while. And I'm like, "Oh, what's that?" and I drive down it and I notice there's, like, a whole abandoned house down this road. Stuff like that.

But a lot of the time too, it's stuff that I see or have seen on the internet, like Instagram or something, that I notice is in my area. So I'm like, "Oh, that's cool," save it, add it to a little list of places I want to explore. There's a website too that I use a lot. Because I drive a lot and travel a lot around California. So, there's this website called Atlas Obscura. I'm not sure if you've heard of it.

**Julie:** Yeah!

**Kim:** I use that website a lot also to find more common places, but it leads me to a lot of really unique and fun places. And it's cool because you can use your current location and it'll tell you whatever's near you. I find that really handy, too. Whenever I'm taking a long drive I'll kind of just check to see if there's anything interesting in the area.

**Julie:** Yeah. So when you're like, "Hey, I drove down this driveway and there's this abandoned house..." what are you looking for when you're getting into this house?

**Kim:** Honestly, nothing really specific. I kind of am just really intrigued to see... A lot of the time I'm interested in the old architecture inside, or how... I have so many questions when I go in, like, "What happened here? Why is it abandoned? Who lived here before?" All these things run through my head and it's just so intriguing to me to just... Sometimes I'll be able to even find history of the places. So I'll google search the address, and I'll look back at the real estate records. I've found some crazy stuff from the internet, just looking up the addresses and stuff. So, it's pretty cool.

For me, I think it's more, "What happened? What is the history of the place?" that I'm so intrigued by. I am also intrigued by, like, supernatural, so that does play a huge part in what I do, too, because I have had a lot of, kind of... I would say ghost or supernatural experiences. Something along those lines that I can't really explain. I've had some weird experiences, so I feel like that always is in the back of my mind. Like, "Ooh, is this place haunted?" I always think that because sometimes things happen that you can't explain and it's pretty cool to see... Even if nothing creepy happens, you might get a vibe or something, and you never know what could've happened there in the past or what is lingering.

**Julie:** How long have you been doing this?

**Kim:** I've been doing it for a long time. I would say, online sharing it, probably about three years now. But it took me a while to finally start sharing it because I didn't really think about it until I realized how popular this kind of stuff was on Instagram. I was like, "You know what? I have so many pictures in my library, like, saved..." Because yeah, I've been doing it for, probably, like, five years. Even before that, though, just subconsciously almost, just always been into it.

**Julie:** Now, were you, like, adventurous as a little kid?

**Kim:** I was. My parents also were very adventurous. We were always camping and doing things outdoors, and I think that, kind of, also led to this. When I was a kid we lived on this ranch, it was like this guy's property, and we lived there, and my dad took care of the property in exchange for us to live there.

And on the property there was, like, an old homestead that was really, really old; probably almost 100 years old. And that has burned down now, but back then I remember being there, kind of, very vaguely because I was so young. But I've seen pictures of it, so I know even as a kid I was kind of around stuff like this.

Recently, me and my sister went back to that property. That's when we saw the house had burned down. But there's even, like, a rusted car still there; a really old, old car. It's pretty neat. So, I guess it's always been around me since I was younger, too.

**Julie:** Are you generally kind of a curious person?

**Kim:** Yeah, I definitely am. I definitely am pretty curious and, again, very intrigued by, like, the past. So, yeah. I'm definitely pretty curious.

**Julie:** Let's say you choose a place to go, something you choose ahead of time rather than it being spontaneous. What goes into your planning? Are you just going to say, "I'm going to go to this place and see what happens"?

**Kim:** Usually I'll see if I have, like, a friend. I don't like to go alone most of the time. Sometimes I do, but most of the time I'll have my sister with me, so we'll try to plan it out; look it up online and see details of how to get there because that's important too. If someone has been there, has recommended it, I ask them, like, "How was it? Was it easy to access?" Sometimes we don't ever... If it's really blocked out, we're not going to go out of our way to go in any place. It's usually open and we can get right to it. It's not like we're breaking into these places necessarily. [laughs] I mean, kind of, but yeah, it's never, like, cutting fences or anything like that. So, we make sure that it's accessible before we go super out of our way to access something.

And yeah, just see what recommendations people have who have been there and if they have any weird stories and stuff like that, or any experiences. Sometimes I will YouTube it also because people post videos a lot, you know, of them going to these places too. That is really helpful.

**Julie:** So, what kind of things do you find in these abandoned places?

**Kim:** Sometimes nothing at all. Sometimes, you know, we've gotten lucky and found some pretty cool old books. There's this one book that I found in an old, abandoned mining town, and it was just, like, literally hundreds of books scattered in this old barn; just on the floor, dirty. But one book stood out. It was called *Hidden California*.

**Julie:** Oh!

**Kim:** Yeah, and it was just perfect because it's like a journal of a man who explored all these random places in California. And yeah, it was just random that I found this book in the middle of all of these books. And it just lists, like, all these different, really cool, old historic places and towns, little facts he learned along his way. And he pretty much just made it into a book and sold it. Yeah, it's kind of damaged, but it's still legible and stuff. It's pretty cool. I have it. I saved it.

**Julie:** I love that.

**Kim:** Yeah, it was really cool. One time I also found, in a really, really old house, it was a bunch of, like, rubbish, but this was something that was so cool. Somebody's old crystal collection, like stones that they had found but they left it behind, I guess, because it seems like maybe a long time ago their house burned down and they just took what they could. But they left a lot of, like, random knick-knacks and arts and crafts stuff that they had in their garage. Yeah, like half the building was burned down, and we just happened to be passing by like, "Oh, look." And we found this jar full of these old crystals. It was really neat to see.

**Julie:** Yeah. Have you found a place and then posted about it that nobody else has been to yet?

**Kim:** I have found... I mean, maybe not that nobody has been to, but I have found some places and I've had a lot of people reach out to me really interested in the places that I've seen. But you know, I'm sure maybe someone else had been there before, but some of them seem, like, very rural, off the grid. Usually, if it's stuff like that that I feel is not as common that people go to, I don't usually share the location as much because I don't want it to get destroyed or vandalized and stuff like that.

I live in Antelope Valley and I recently, actually, was hiking a hill, and from a distance I could see what looked like an old cabin or something. So, me and my sister ended up going and looking at it. You could just tell it had not been vandalized, so that tells you that many people probably haven't been there because most places are vandalized. It's kind of cool to find little places that nobody's actually been to, but it's a little rare.

**Julie:** Are there different kinds of urban exploration? It sounds like you kind of focus on rural abandoned places. Do other folks focus on other types of abandoned places?

**Kim:** Yeah, definitely. I would say anything under the category of, like, unique, or quirky, or different would be considered urban exploration. Like, if you like to go and explore people's weird... You know, some people build, like, art exhibits in their backyard or something, or they just have a bottle castle or something weird, that would also fall into the same category because it's different, a unique form of art or something like that. I think it could also be considered a little urban exploration too.

**Julie:** So you focus on California. Are there particular parts of California that have more stuff that you find interesting than others?

**Kim:** I mean, I would love to explore more of California. Honestly, I explore mainly California because that's just where I'm at and I just always find places near me, but usually I'm in Southern California, so a lot of... Honestly, a lot of the places that I find are in, like, the Mojave Desert; along Route 66 there's a bunch of really cool places. And there's some in the Santa Monica area also, like in the mountains down there. But yeah, most of the places I find are in Southern California, but also, you know, I'm sure there's so much more. I just haven't extended that far north yet. I would love to get up there more soon, definitely.

**Julie:** Have you ever had an experience, you know, going into any of these abandoned buildings, that was sketchy or even dangerous?

**Kim:** Not necessarily. Luckily, we haven't. I always do consider that and people always tell me, like, "Be careful. You're crazy." I am usually pretty careful and I try to look out and be very aware everywhere I go. I also carry a little pocketknife with me just in case, just to be safe. But I haven't really ever experienced anything super sketchy. Usually, if I do

see somebody in a building or something, it's usually, most of the time, a younger kid or a group of kids. Like, I was in an old, abandoned hospital in Victorville with my sister and we heard... we could hear them, but they were playing hide-and-go-seek, so it was like, "Okay, they're good." But they scared us at first because we just saw people running down the hall and we're like, "Ah!" [laughs] And then we realized it was some teenagers and were just like, "Oh, whatever."

**Julie:** What kind of vibe did you get off of the hospital?

**Kim:** That place was definitely really weird. It's actually... I found it through this group of guys. They have a YouTube channel, and they post all these weird places. They're also in Southern California. So, I saw one of their videos and it was them in a hospital, and they actually caught footage of, like, something weird in the background.

**Julie:** Ooh!

**Kim:** Yeah, so that was my first thought. Like, "Oh my gosh, this is right in my neighborhood," pretty much. And I told my sister, and yeah, it was really creepy. They actually caught something. They caught a few things. They even caught... because they're ghosthunters, so they have all the equipment that they need. And they caught voices. Like, they caught a slight voice of a woman saying, like whispering, "I hate it here." But it was like a whisper.

**Julie:** Oh! I just got chills!

**Kim:** Yeah, it was really creepy. They caught that and then they also caught something moving in the background of one of their videos. The way it moves, it's like almost flowing across the screen. It's really, really weird. And they didn't even notice it at first.

**Julie:** Oh my gosh. So, you didn't see anything there but you kind of felt that vibe while you were there.

**Kim:** I felt weird vibes for sure. The first time I went there I was actually alone, so I didn't go very far in. But I had just been in the area, so I'm like, "You know what? I'm going to go in and see just a little bit of it." It's a whole... It's not just a hospital, it's like a whole, old military base. So, there's a hospital, there's old buildings and all this different stuff. Most of the time I was driving through it, but I didn't stop at the hospital, and I stepped foot in the hospital, and it was weird. I was like, "Okay, yeah. I shouldn't be here alone. Let me get out of here." So, I was there for like ten minutes and I left. Definitely weird vibes; lots of weird vibes.

**Julie:** I can imagine. In terms of weird vibes, are abandoned hospitals kind of at the top of the list, or old cabins out in the Mojave? Like, where do you get the creepiest vibes?

**Kim:** I would say, so far, definitely probably in that hospital. It was off. It was weird. But sometimes I get weird vibes in places you wouldn't think were that creepy. It just depends. At the hospital, I think you could just feel it was some weird, lingering energy in there.

**Julie:** Now, have you ever... Like, have you been on a property where somebody's like - somebody in the living world - who says you shouldn't be here?

**Kim:** You mean like literally said that to me?

**Julie:** Yeah.

**Kim:** No, I have not. Luckily, that hasn't happened either. For my sister... I wasn't actually there for this experience, but my sister was with her friend and they were trying to go into an old casino resort somewhere in Palm Springs, and the security guard went up to them and kicked them out. But it hasn't happened to me yet. [laughs]

**Julie:** So, is there a type of place or an actual place that you would just never go to, even with somebody with you?

**Kim:** I wouldn't go to... I guess, just somewhere that is patrolled, I guess, like super heavily. I wouldn't want to get into any trouble or anything like that. So, anything like that I would definitely not go into, things that are trying extra hard to keep you out. That's about it, really. Other than that, I'm kind of intrigued by most things, and weird things intrigue me, and creepy places intrigue me, so I'm not scared necessarily. It's more about getting in trouble or not.

**Julie:** Now, do you have any health concerns when you go into these places? Like, do you wear a mask or gloves?

**Kim:** Yeah, so I usually wear a mask, depending where I am. Most of the time I do wear a mask because of, you know, mold and whatever other toxic things could be in the air; like in the hospital and stuff like that, the old buildings. I definitely try to always wear a mask. Gloves if necessary, but most of the time I'm not really touching anything.

**Julie:** Is it, kind of, like an unwritten code among urban explorers, like, "Just go look at it. Don't touch it. Don't move anything."?

**Kim:** I mean, I would hope that people are, for the most part, respecting the place, because it's cool to be able to go back and see things that I saw. Like people's old art or something, you know? I thought it was cool so I would like to leave it behind so someone else can see it. Stuff like that, I would like to think people kind of leave. But a lot of the time they don't. But yeah, for the most part, that and just to not vandalize things. I feel like it's always the younger kids, sometimes just stupid teenagers and stuff, that end up vandalizing stuff. It just makes it not as cool, I guess, if all the windows are broken out. But it happens.

**Julie:** So, I mean, you've been doing it for many years now. Was there a moment or a particular place where you're like, "Yep, I love doing this. This is so cool."?

**Kim:** Yeah, actually I would say, something that really piqued my interest in seeing more places is this spot in Santa Monica. It's called Murphy's Ranch. And it was once... it's down deep in the Santa Monica Mountains. The story goes... I'm not sure how true it is or not, but the story goes that it was built by Nazi followers, or people that were, like, following Hitler at the time. Really weird. They had built this whole compound down there with, like... There's garden beds, so they had a garden, a water tank, power, just everything.

And their idea was they were building this place down there where no one really knew about it. And after the war in Germany, supposedly, they were building this place so that Hitler could hide there until things calmed down, and then he could come out of hiding and be the savior to America. That was what they thought. That's what the story is.

**Julie:** Eugh...

**Kim:** Yeah, so weird. So, that never happened, obviously. I guess it was raided before they could even really do much there, and then it was sold and later burned. But now it's just, like, ruins. But it's really interesting because the way they built it, you could tell it was something weird. It just has all these stairs. It's like 500-something stairs to get down to the bottom. But like, there's so many staircases because I guess they had people patrolling the staircases that go up the mountain, just to get an overview of the property, make sure things were safe for whatever they were doing. But yeah, so it's surrounded by all these staircases. It was really, really weird. But also really intriguing to see. So it kind of started there. Made me wonder, like, "Dang. What else is over here?" And it kind of led to more doors.

**Julie:** When you're doing your urban explorations, what's the worst thing about it? What's just like, "Ugh. I love everything about it except for this"?

**Kim:** It would probably be, like, knowing that it's probably mold and stuff in the air that I'm breathing. That's probably the worst for me because I don't really like walking around in the mask, but I'm like, "Okay, for my health, I should probably wear this." [laughs] But I think that's probably the worst. And also, I guess there is a risk of there being homeless... not that I'm scared of homeless people in general, but someone being in there other than me, like, an adult, creepy, older... I don't know, like someone lingering, someone bigger than me. There's always that fear of somebody bigger than me creeping around watching me or something. I always try to consider that and to try to be safe and on my toes, definitely.

**Julie:** Do you have a favorite story from one of the explorations that you've done that you learned more about afterward?

**Kim:** I do, actually. It was recent. That one sticks out to me when you ask. I was in Ventura County, and me and my sister were supposed to meet with this group of people to, kind of, explore because I had recently been out there and they saw the places that I had seen, and they were like, "Oh, that's super cool. I want to check it out. We should plan to go." It didn't end up working out, but me and my sister were like, "Let's just go out there anyways." And we were having lunch and just, kind of, looking at Google Earth images and just looking over the whole area, and randomly I saw this... It's almost like my phone led me to this house. I don't know, it was so random, I swear. I looked away and looked back at my phone and this place just was, like, zoomed in on. I was like, "Wait. That's weird."

And you could tell, kind of, from the aerial image that it was kind of rundown, and the grass was growing in the driveway. It just looked like it could possibly be abandoned. And it was right near where we were, pretty close, so I was like, "Let's drive by." It looked like a huge mansion, like Colonial-style mansion. But it looked abandoned so we drove by. It was really cool. It was a gorgeous old house. It seemed like maybe someone had just bought it because there was a construction gate around it, and it looked like maybe they had just installed new windows.

There was no way of getting into the house at the time, but I looked up the address on Redfin and I saw that it had been abandoned for 30 years and that someone had just bought it, like, last year or two years ago. But yeah, it was abandoned for 30 years. I was like, "That's weird." The property was, I think, on like 124 acres or something like that. There was an old riverbed - which I think is probably only dried up because of

the drought - but an old riverbed running next to it. And just a huge property, so I was really confused why it would be abandoned for 30 years.

And then I started doing research on it and I found this document. A woman who had bought it was trying to register the house as a historic place, and she wrote a whole, maybe ten pages about the history dating all the way back to the Native tribe that was there before the house was built. I mean, she had history that was just so extensive and I just thought it was so interesting to learn all of that. But it goes back to 30 years ago. The history that happened there was, I guess, someone broke into the house, and there was a man living there by himself. He had a double prosthetic, I believe... a double amputee, I should say. And he was also deaf. But someone broke into his house when he was sleeping, so he didn't have his prosthetics on, and he was deaf so he didn't really hear the person come in. And it happened that he was murdered.

**Julie:** [gasp!]

**Kim:** Yeah, like the guy murdered him with a table leg he had found in the barn.

**Julie:** Jesus!

**Kim:** Yeah, so crazy, creepy, and sad. But yeah, turns out that he was murdered in this house 30 years ago. And it was a small neighborhood, kind of like... It was Ventura County. I want to say it's Ojai. It's a really beautiful area and it was so weird to me that it was abandoned for 30 years, such a beautiful house. Yeah, it ends up somebody was murdered there, bludgeoned by a table leg. Crazy.

So, his nephew ended up living in the house for six years after his uncle was murdered, and I guess they moved out and put the house up for sale. It doesn't say why they moved out or if they were having any weird experiences. But yeah, they put the house up for sale, and after that it was, like, on the market, off the market, just for 30 years. I realized that when they first put it up for sale it was, like, a \$2 million house, and then after 30 years of not selling it they put it up for \$1 million; they cut the price in half and somebody bought it.

**Julie:** Wow. Makes you wonder if they knew the story.

**Kim:** Yeah, something. They had to have.

**Julie:** Wow. Oh my gosh. And that's just one story of what all these places represent. They all have a story.

**Kim:** Exactly. Yeah.

**Julie:** Oh my gosh, that is so interesting. So, how do your folks and loved ones feel about you and your sister doing this?

**Kim:** I mean, they think, just be safe. A lot of the time I'll get messages like, "Wait, are you by yourself? What are you doing? Are you crazy?" You know, but I try to be as safe as I can and as aware as I can be. I usually don't go by myself if I feel like it's super sketchy, or if I'm planning on going inside somewhere I'm not going to go, usually, by myself; just trying to be safe. But yeah, my family, they're not hugely fond of it but they do see the interest and stuff that I'm building on Instagram, the networking and the connections that I've been making with these different ghosthunters and with, like, you for instance and stuff like that. So, they think it's really cool, I think, now that they see this side of it.



**Julie:** They're like, "Okay, all right."

**Kim:** "That's cool. I guess you're not the only one that's interested in this kind of stuff."

**Julie:** Yeah. So, do you have, like, a favorite photograph that you've captured in all of your exploration so far?

**Kim:** Hmm, that's a hard one. I probably do. I would say probably from this recent trip that I took to Ventura County. There's so many places there, but there's this one old... I want to say it's a warehouse that was made with some type of sheet metal or something, but most of the ceiling's kind of missing so the light is shining through so nicely. It just makes a really cool picture.

**Julie:** What are some of the challenges of shooting in that kind of environment?

**Kim:** Definitely lighting. A lot of the times, it's dark. Sometimes we'll have... Recently, with me and my sister, and my cousin came with us too, it was so dark in this house but there was this one room that looked like... I'm guessing somebody had set it up to do a photoshoot in there because it looked, like, extra super creepy. I mean, there was fake blood splattered everywhere. I mean, I'm hoping it was fake. I think it was fake. It didn't look real. But yeah, it was just really weird, and I was like, "We have to get a picture in here." But it was a really dark room so I had them both shining flashlights in order to capture the picture. So yeah, it can be challenging sometimes.

**Julie:** What would you say is the best part of urban exploration for you? What's the part that you just love the most?

**Kim:** I would say it's probably, like, when I get to learn the history of a place. Connecting dots, for me, is exciting. You know, I see this place, and if I get to explore it, and I think it's awesome but I can't find any history about it, it just drives me crazy. I'm like, "I want to know what happened here!" So, I would say it's really rewarding when I can find all the history or see pictures from the internet. The internet is an awesome resource too because a lot of times I can find pictures of the past owners and the people that lived there. I think that's really cool.

**Julie:** Every house has a story, every building has a story, and you're, like, helping... even if one person is just looking it up and learning about it, it helps it from being forgotten.

**Kim:** Totally. That's a good way to put it. A lot of the time, I notice other people might be curious too and like, "What happened there?" So, it's nice... I feel like I've created a resource for people too and they can go look. Most of the time, if I can find the history on the place, I will list the history in the captions of my pictures. So a lot of the time I feel like that's also really cool and rewarding because people are like, "Hey, that's awesome that you were able to help me learn about it too, not just a picture."

**Julie:** Just to wrap up here, if someone who's listening wanted to get into urban exploration, what would you tell them? How to do it and what cautions you might provide?

**Kim:** I would say to definitely always be cautious about trespassing. That's one of the things that is a risk when you do this. Trespassing, you can get fined, you can get in trouble, so I don't recommend trespassing. A lot of the times, that's what we do, but it's so old and people aren't anywhere near paying attention to these places. Nobody cares about... It's forgotten places for the most part. So, a lot of the time people don't care, but you need to be safe doing these things because there's still that risk of a cop pulling up and giving you a fine just to give you a fine just because he feels like it and

you're doing something against the law. So, there's always that risk, so definitely be really safe. And wear a mask because you never know what toxins you could be breathing in and mold is not good for you; so that's the big one. And then yeah, I would say, if you can do research on the place before you go so you can get any tips from people. Follow me on Instagram, you can check out my tips. [laughs]

**Julie:** Awesome. Well Kim, thank you so much for taking so much time to chat with me about this. This was so interesting.

**Kim:** Thank you. I'm so glad we did this.

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[clip from "Where Have They Gone" by John D. Loudermilk]

You can find Kim on Instagram [@Cali Rediscovered](#) and on TikTok [@ThrillChickas](#). I'll include links to everything in the show notes of course. I'll also include links to Kim's favorite nonprofit and mine too. Huge thanks to Kim for sharing her passion with us this week.

Just a reminder that you can find this podcast on Instagram [@LoveWhatYouLovePod](#), on Twitter, [@WhatYouLovePod](#), and the website is [LoveWhatYouLovePod.com](#).

All of the transcripts for *Love What You Love* are available for everyone on the website. Thanks to Emily White, transcription magician and proprietress of The Wordary. If you need transcripts, reach out to her at [Emily@TheWordary.com](mailto:Emily@TheWordary.com). The music for *Love What You Love* is called "Inspiring Hope" by Pink-Sounds. A link to that artist is included in the show notes.

As always, thank you so, so much for listening. Let's hang out again soon.

### **Links:**

Find Kim on [Instagram](#) and [TikTok](#)

### **Kim's Favorite Nonprofit:**

[California Preservation Foundation](#)

A nonprofit organization dedicated to the preservation of California's diverse cultural and architectural heritage

### **My Favorite Nonprofits:**

[Humane Society of Silicon Valley](#)

[Southern Poverty Law Center](#)

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